STOP THE SPREAD OF FLU!

Don’t be fooled and think...“It’s only the FLU!”
Flu is highly contagious, FLU is not a Cold.
EVERYONE is at Risk!

AVOID CLOSE CONTACT
Evite el contacto cercano

STAY HOME WHEN YOU ARE SICK
Quédese en su casa cuando esté enfermo

COVER YOUR MOUTH & NOSE
WHEN YOU SNEEZE OR COUGH
Cúbrase la boca y la nariz al estornudar o toser

WASH YOUR HANDS
Lave sus manos

GET VACCINATED!
Vacúnese

AVOID TOUCHING YOUR EYES, NOSE AND MOUTH
Evite tocarse los ojos, nariz y boca

For more information, ask your Health Care Provider.